

Gluten Free Menu

**Please ensure that you specify the
" GF" Gluten Free version when ordering**

Soups

GF	Long soup
GF	Clear Chicken Soup
GF	Combination Soup
GF	Combination Long Soup
GF	Sweet Corn Chicken Soup

Rice

GF	Small Steamed Rice
GF	Large Steamed Rice
GF	Vegetarian Fried Rice
GF	Fried Rice - add diced chicken
GF	Special Fried Rice
GF	Prawn Chop Suey and Rice
GF	Curry Prawns and Rice
GF	Curry Beef and Rice
GF	Braised Seafood and Rice

Rice Noodles

(The gluten free noodle is a soft style thin rice noodle)

GF	Chicken Chow Mein
GF	Prawn Chow Mein
GF	Combination Chow Mein
GF	Singapore Noodles
GF	King Prawn Chow Mein
GF	Seafood Chow Mein

Lamb

GF	Sizzling Garlic Lamb
GF	Sizzling Lamb with Ginger and Shallots

**We cannot guarantee dishes are completely free of
allergens or intolerances, though we do our best to accommodate**

Gluten Free Menu

**Please ensure that you specify the
" GF" Gluten Free version when ordering**

Omelette

(Gravy thickened with potato flour, request no soy)

GF	Chicken Omelette
GF	Prawn Omelette
GF	King Prawn Omelette
GF	Cantonese Soft- Style King Prawn Omelette
GF	Vegetarian omelette

Beef

GF	Beef with Black Bean Sauce
GF	Beef Hot Chilli Black Bean
GF	Beef and Mixed Vegetables
GF	Garlic Beef

Pork

GF	Sweet and Sour Pork Fillets
GF	Chilli Pork Fillets
GF	Sizzling Garlic Pork Fillets
GF	Sizzling Pork Fillets with Ginger and Shallot
GF	Pork Fillets with Black Bean Sauce

Chicken

GF	Chicken and Mixed Vegetables
GF	Curry Chicken and Mixed Vegetables
GF	Chicken Fillets with Hot Chilli
GF	Sweet and Sour Chicken Fillets
GF	Sizzling Garlic Chicken
GF	Sizzling Chicken with Ginger and Shallot
GF	Chicken and Black Bean Sauce

Fish

GF	Braised Fish Fillet with Ginger and Shallot
GF	Fish Fillet with Hot Chilli
GF	Fish Fillet with Black Bean Sauce

**We cannot guarantee dishes are completely free of
allergens or intolerances, though we do our best to accommodate**

Gluten Free Menu

**Please ensure that you specify the
" GF" Gluten Free version when ordering**

Vegetarian

- GF Stir fried mixed vegetables
- GF Vegetarian omelette
- GF Vegetarian fried rice
- GF Stir fried rice noodles with chopped vegetables

Squid

- GF Sizzling Squid with Ginger and Shallot
- GF Braised Squid with Hot Chilli Sauce
- GF Sizzling Squid with Garlic Sauce

Combinations

- GF Seafood Combination
- GF Canton Combination

Scallops

- GF Sizzling Scallops with Ginger and Shallots
- GF Sizzling Garlic Scallops

Prawns

- GF Prawn Chop Suey
- GF King Prawns with Mixed Vegetables
- GF King Prawns with Hot Chilli
- GF Sizzling King Prawns with Ginger and Shallots
- GF Sizzling Garlic King Prawns

Desserts

- GF Crème Brulee

**We cannot guarantee dishes are completely free of
allergens or intolerances, though we do our best to accommodate**